

CENTRAL RD TRIAGE FLOW CHART

When a referral for RD services received at the central office, that referral is processed by a referral team member.

If referral fits into any of the following 4 buckets of criteria, the referral team member will contact patient and book:

1:1 RD Appointment

- Patients <18 y.o.
- Prenatal nutrition/pregnancy
- Language barrier
- Food allergies / intolerance
- Irritable bowel syndrome / FODMAP / bloating/gas
- Inflammatory bowel disease / Crohn's Disease / colitis / ulcerative colitis
- Diverticulitis / Diverticular
- Anemia / low iron
- Osteoporosis / bone health
- Type 1 diabetes
- CKD (chronic kidney disease)
- GERD / heartburn / reflux
- Disordered eating
- Gout
- Weight loss surgeries (gastric bypass, sleeve, etc.)

RD Group Visit (Diabetes)

- Elevated / high blood sugar / glucose
- Prediabetes
- Type 2 diabetes
- A1c indicated
- Diabetes management

RD Group Visit (Healthy Eating)

- Hypertension / high blood pressure
- Dyslipidemia
- Hypercholesterolemia
- High cholesterol
- Elevated lipids / cholesterol
- Weight management / obesity
- Fatty liver
- Healthy eating

Phone Triage Appointment

- No referral reason
- Multiple conditions listed
- "On insulin" is indicated
- Referral is ambiguous

Clinician will contact the patient during the appointment & book the patient for services as appropriate.