



# FAMILY VIOLENCE

→ Family violence happens in Edmonton regardless of income, gender, race or area. Everyone should remember that family violence is wrong and, most often, illegal.

## REMEMBER

For assistance and connection to appropriate agencies, please speak to your family doctor. They can also make a referral to a behavioural health consultant. The behavioural health consultant will provide support and guidance in getting you the services you need.

## HELPFUL RESOURCES

Family Violence Information Line (24-hour distress/suicide line):

**Toll-free: 780.310.1818**

Please talk to your family doctor about PCN services.

[edmontonsouthsidepcn.ca](http://edmontonsouthsidepcn.ca)

## FORMS OF FAMILY VIOLENCE

### EMOTIONAL ABUSE (VERBAL ABUSE)

Emotional abuse includes insults, name calling, threats to harm self or others, and isolating them from family and friends.

### SEXUAL ABUSE

Sexual abuse includes exposure to pornographic material (magazines or movies) or any unwanted touching and other sexual activity. Any sexual exposure to a minor is considered sexual abuse and must be reported to the authorities immediately.

### FINANCIAL ABUSE

Financial abuse includes using finances to control someone. This can include limited access to funds

or access to funds through force or intimidation.

### PHYSICAL ABUSE

Physical abuse includes hitting, spitting, kicking, slapping, pushing and/or restraining. Physical abuse is classified as an assault under the Criminal Code, and fines or penalties for the abuser apply. The abuser may also be forced to leave the home and denied contact with the victim(s).

### CHILDREN

Children exposed to abuse directly or indirectly require support. A plan can be developed to ensure the safety of the child.

If you or someone you know may be experiencing family violence, or if you have more questions about the issue, community resources can assist you.