

Dietitian Electronic Resources

Weight Management Phone Apps

My Fitness Pal: <http://www.myfitnesspal.com/>

EaTracker: <http://www.eatracker.ca/>

Eat Healthier App: <http://www.klmapps.com/EatHealthier/>

Diabetes Phone Apps

Blood Sugar Tracker: <https://itunes.apple.com/ca/app/blood-sugar-tracker-by-healthycloud.com/id398293939?mt=8>

Vree for Diabetes: <http://www.diabetesincontrol.com/articles/96-/13421-vree-for-diabetes>

Nutrition Resources: General

Dietitians of Canada: <http://www.dietitians.ca/>

Eat Right Ontario: <http://www.eatrightontario.ca/en/default.aspx>

RD411: <http://www.nutrition411.com/>

Canadian Heart & Stroke Foundation:

http://www.heartandstroke.com/site/c.ikIQLcMWJtE/b.3483949/k.967D/Healthy_Living.htm

CDC Nutrition: <http://www.cdc.gov/nutrition/>

My Health Alberta: <https://myhealth.alberta.ca/Pages/default.aspx>

Heart and Stroke Foundation:

http://www.heartandstroke.com/site/c.ikIQLcMWJtE/b.3483951/k.38BC/Healthy_living_Healthy_Eating.htm

Healthy U Alberta: <http://www.healthyalberta.com/>

Alberta Health Services: <http://www.albertahealthservices.ca/foodservices.asp>

Academy of Nutrition & Dietetics: <http://www.eatright.org/Public/>

Health Canada: <http://www.hc-sc.gc.ca/fn-an/index-eng.php>

Health Canada Natural Product Health Monographs: <http://hc-sc.gc.ca/dhp-mps/prodnatur/applications/licen-prod/monograph/index-eng.php>

Canadian Food Inspection Agency: <http://www.inspection.gc.ca/eng/1297964599443/1297965645317>

Hypertension Canada: <http://www.hypertension.ca/professional>

Primary Care Network:

<http://www.edmontonsouthsidepcn.ca/Health/Brochures/Pages/Nutrition.aspx>

Pulse Canada: <http://www.pulsecanada.com/>

Mayo Clinic: <http://www.mayoclinic.org/>

Medline/Pubmed: <http://www.nlm.nih.gov/bsd/pmresources.html>

University of Pittsburg Medical Center: <http://www.upmc.com/Pages/default.aspx>

Canadian Obesity Network: <http://www.obesitynetwork.ca/>

Mindful Eating: <http://www.amihungry.com/>

Food Banks Canada: <http://foodbankscanada.ca/Learn-About-Hunger/Publications/Nutrition-Resources.aspx>

Healthy Parents Healthy Children: <http://www.healthyparentshealthychildren.ca/>

Health Link BC: <http://www.healthlinkbc.ca/>

Healthy Families BC: <http://www.healthyfamiliesbc.ca/>

Resources for Patients: Diabetes

Canadian Diabetes Association: <http://www.diabetes.ca/>

Canadian Diabetes Information Clearinghouse: <http://diabetes.niddk.nih.gov/dm/a-z.aspx>

Nutrition Resources: Celiac Disease

Celiac Disease Shelley Case: <http://www.glutenfreediet.ca/>

Canadian Celiac Association: <http://www.celiac.ca/>

Nutrition Resources: Sports Nutrition

Sports Nutrition: Coaching Association of Canada: <http://coach.ca/other-nutrition-links-p132355>

Australian Institute of Sport: <http://www.ausport.gov.au/ais/nutrition>

Sport Nutrition Advisory Committee: <http://www.coach.ca/sport-nutrition-s14783>

Canadian Society of Exercise Physiology: <http://www.csep.ca/english/view.asp?x=1>

Nutrition Resources: Renal

National Kidney Foundation: <http://www.kidney.org/professionals/CRN/PatientTools.cfm>

Kidney Foundation of Canada: <http://www.kidney.ca/page.aspx?pid=343>